

Rules to be observed

and Practiced by all those that
exercise shooting in the
Long Bow.

- 1 For finding your mark it must be within every man's reach.
- 2 For Whites of blacks, you must have but one in a Game unless they be all content, and if you shoot any loose white, and it be stricken out of sight, it is no mark.
- 3 For there height of stakes although the wood be above the pin, yet you are to measure at the pin if there be any, because it is put in for the purpose.
- 4 Shooting a bush or black, whatever you find height in it (within the compass of your mark) you are to take for the height.
- 5 If in measuring a shot the difference be so small it cannot be decided, then that Competitor shall win the shoot that is best at the next mark.
- 6 If in measuring a shot the mark be stirred out of its place, he looseth the shoot that removed it.
- 7 If at coming to your mark you claim two or more, and the opposite side draw their Arrows, you can have no more than you first claimed, although your Partner when he comes challengeth more.
- 8 If you name one mark and shoot at another, you are to loose your shoot, and the other are to follow at the mark named.
- 9 If your Arrow break you may measure at the nearest piece that hath wood and head, or wood and feather.
- 10 If you have any mishap, as nocking amiss, if you can reach your arrow with your bow you may shoot again, if it flee further it is a shoot.
- 11 In shooting at Rovers, you must stand no further from your mark than you can reach with half your bow: but at Pricks you are permitted to stand two bows before your mark, and as much behind it as you please.

Hannis, Richard, *Aime for the Archers of St Georges Fields — Containing the Names of all the Marks in the same Fields, with their true distances according to the dimensions of the line formerly gathered by Richard Hannis: and now corrected by Thomas Bick, and others.* London, 1664.